

**Hart-to-Hart Farm** is a small working diversified organic dairy farm nestled in the rolling hills of Albion, Maine. It is owned and operated by Doug and Linda Hartkopf and their three children.

Linda Hartkopf directs a summer youth program. She holds a Master's in Environmental Education and Bachelor's in Animal Science with a concentration in dairy; and has farmed with her husband for many years. She is an avid supporter of agriculture through school programs and tours and works with a variety of state organizations.

**Workshop Date:** September 15 - 16, 2019

**Workshop Cost:**

2 day	\$135
Saturday only	\$80
Sunday only	\$55

**Workshop Itinerary:**

**Saturday September 15th**

- 9:00 - 9:30 Check In
- 9:30 - 10:00 Meet & greet
- 10:00 - 11:00 Farm tour
- 11:00 - 12:30 Garden Dips, Harvest Preservation, & Make & Take Herb Garden
- 12:30 - 1:30 Farm to table lunch
- 1:30 - 3:30 Artesian cheese & pizza crust making
- 3:30 - 4:30 Participate in farm chore or free time
- 5 :00 Hand crafted pizza dinner & evening fire. \* Bring a local brew to share

**Sunday September 16th**

- 7:00 - 8:30 Gentle yoga, farm walk-about or farm chores ( early risers can milk or go for a guided bird walk)
- 8:30 - 10:30 Farm to table brunch
- 11:00 - 12:30 Sheep, wool & felting
- 12:30 - 1:30 Closing circle & reflection



Printed on recycled paper



Hart-to-Hart Farm & Education Center  
 16 Duck Pond Lane  
 Albion, ME 04910



*Presents*

# Farm Camp for Adults

## September 15 - 16, 2019



Explore the Magic at  
 Hart - to - Hart Farm & Education Center  
 Albion, ME

# Why should kids have all the fun?



## Registration Form

Fill out and return to address below.

### First Time Farmer Retreat

It's here! A mini farm camp retreat for you! During this 2 day workshop we'll tour our organic farm while focusing on pizza, cheese, gardening and sheep!

#### Day 1 (September 15th)

Start the day out by touring the dairy and discovering what it takes to become an organic farm and member of Organic Valley

Then head into our kitchen and gardens to explore its wonders. We'll explore different vegetable dips, discover techniques to preserving your harvest and create a herbal garden with mason jars.



After a delicious farm to table lunch, try your hands at artesian cheese & the fine art of making the perfect pizza dough. Then we'll fire up the clay oven for our pizza dinner.

In between, raising the dough and dinner there are barn chores to be done. Campers love bottle feeding the calves.

We'll end the day by warming ourselves by the fire, listen to night life and socializing until the flames die down.

#### Day 2 (September 16th)

Ease into the morning with gentle yoga while you listen to morning farm sounds. Or an early morning farm walk-about looking for wildlife. Or maybe check out the barn chores. Early risers can help with milking.

Then work together as a team to create a delicious brunch using only the fresh farm ingredients. Who knows maybe will throw in a farm game or two.



Next, we'll explore our flock before trying our hands at needle felting.

Our weekend comes to a close with a circle of reflection and friendship.

There is always flexibility to explore your personal interest during the weekend.

#### Accommodations:

Pitch a tent and stay the night for the full farm experience or check out B & B or other accommodations in the area.

Copper Heron B & B, Unity / 207-948-9003

Maple Sugar Cottage, China / 207-358-8688

Waterville is 20 minute drive

Belfast is 30 minute drive

	Please check box	Number	Cost
<input type="checkbox"/> Two Days	(\$135)	___	___
<input type="checkbox"/> Day 1 only	(\$80)	___	___
<input type="checkbox"/> Day 2 only	(\$55)	___	___

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Please list dietary needs ,allergies or other accommodations:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Enclose \$50 deposit and send to:  
Hart-to-Hart Farm  
16 Duck Pond Lane  
Albion, ME 04910

\*\*\*\*\*

#### Cancellation/Refunds

If you need to cancel, written notice must be given two weeks prior to session in order to receive a full refund. No refunds are given for missed days.

**Web site: [www.hart2hartfarm.org](http://www.hart2hartfarm.org)**

Email: [hhart@uninets.net](mailto:hhart@uninets.net) / Phone 207-437-2441